

# Why Choose the Food Science and Nutrition Level 3 Diploma?

## Food Science and Nutrition

will allow you to gain a wealth of knowledge about the food and nutrition industry. You will have the opportunity to learn about the relationship between the human body and food as well as developing practical skills for preparing and cooking food. The course has been designed around the concept of a 'plan, do, review' approach to learning through which you will gain both practical and academic skills. It mirrors many work activities in the food and nutrition industry and facilitates learning in a range of contexts.



Choose Food Science and Nutrition as an option and you will be encouraged to develop your practical skills as this is an ideal choice if you prefer to learn by doing. You will also be able to apply and extend your learning outside the confines of the classroom.



**At Alun School,**  
our experienced teaching team provide expert  
guidance and tuition in 5 weekly lessons.

# Food Science and Nutrition WJEC Level 3 Diploma

## Assessment Information

Equivalent to 1 A level

WJEC Level 3 Diploma - Food Science and Nutrition.

Combination of 3 units over 2 years

**AS Unit 1:** Meeting Nutritional Needs of Specific Groups - demonstrate an understanding of the science of food safety, nutrition and nutritional needs in a wide range of contexts.

**A2 Unit 2:** Ensuring Food is Safe to Eat - develop an understanding of the science of food safety and hygiene gaining essential knowledge for food production in the home or food industry.

**A2 Optional Unit:** choose between two units - opportunity to study subjects of particular interest or relevance to you.

**Assessment** - controlled assessments, written examination and coursework.

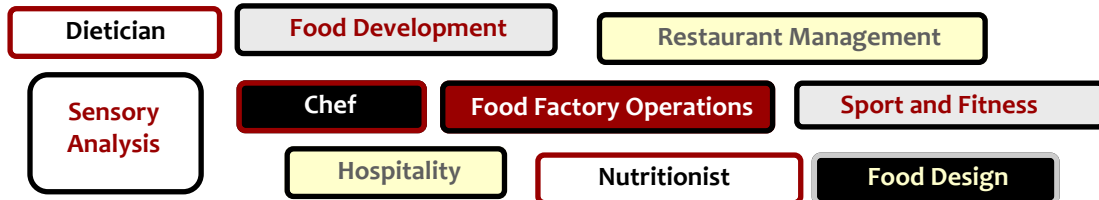
## Entry Requirements

You should have achieved 4 or more GCSEs at Grade C or above including GCSE Food.

## Progression Routes

The transferable skills and knowledge you will gain through the study of Food Science and Nutrition at Alun School will be invaluable for progression into careers in that sector.

The course will give you an excellent grounding for multiple career opportunities including:



Why choose the Food Science and Nutrition WJEC Level 3 Diploma?

You will learn from experienced teachers.

You will have access to excellent facilities.

It will challenge you to think and work independently.

An understanding of food science and nutrition is relevant to many industries and job roles. Care providers and nutritionists in hospitals use this knowledge, as do sports coaches and fitness instructors. Hotels and restaurants, food manufacturers and government agencies also use this understanding to develop menus, food products and policies that support healthy eating initiatives.